

# ***GRIEF SUPPORT GROUPS***

*The relationship with our loved one  
has changed, not ended.*

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*2<sup>nd</sup> Sunday of the month group*

*August 12 at 11:45am*

*4<sup>th</sup> Sunday of the month group*

*July 22 and August 26 at 6:00pm*

We now have two new confidential support groups offering information and guidance about the grieving process. The group's purpose is to be able to support one another, and the goal is to better understand and manage our feelings about the loss of our loved ones. Whether you live within our parish or beyond, if you are grieving the loss of a loved one, you are welcome.

Our Lady of Hope Church  
Meeting room  
8074 State Route 22  
Copake Falls, NY 12517

For more information contact Chris Dellea (518) 821-0859